



Suicide Prevention  
& Crisis Service

For a brighter day.

## Crisisline Counselor Volunteer Training Application

Hello. Thank you for expressing interest in becoming a Crisisline counselor with Suicide Prevention and Crisis Service (SPCS). Below are some questions we would appreciate your answering so that we might learn about your interests, experiences, beliefs and expectations. Please try to respond to the questions to the best of your ability; if you find some parts too difficult to address in written form, then we can explore these together verbally during your interview. All information is completely confidential. This is not a test, there are no right or wrong answers. This is, however, the first step in becoming a participant in the SPCS training program which may lead to work as an SPCS volunteer counselor.

When you have completed your application, please send it to SPCS, 124 East Court Street, Ithaca, NY 14850 or e-mail it to SPCS@verizon.net. As soon as we receive your application, we will contact you to set up an interview to discuss our work with you in more detail. Thank you.

Identifying/ contacting information:

Name \_\_\_\_\_

Address \_\_\_\_\_

E-mail \_\_\_\_\_

Phone (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_

Please describe any experiences you have had as a volunteer:

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Please describe any work you have done as a counselor by telephone or face to face:

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Please describe any other work you have done which may be relevant to the services of a crisis line:

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Please describe your educational background:

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On a separate page, please prepare a personal profile by responding to the following questions:

1. What attracts you to working with the SPCS Crisisline?
2. What do you hope to accomplish for others and for yourself through this work?
3. How would you describe yourself--what are the important parts of your identity, your special qualities, your strong beliefs?
4. What are your fears and anxieties about working on a crisis line?
5. What do you imagine will be easy for you about the work, what will be difficult?
6. What do you think you need from pre-service training and what will you need while volunteering to be competent as a Crisisline counselor?
7. What has helped you to get through difficult times in your life?

Since Crisisline training and counseling often evoke personal responses related to life experiences, we find it valuable to discuss experiences with mental health related difficulties before beginning training. As with all of the questions on this form, there are no right or wrong answers in this section which will determine your eligibility for training.

Have you ever experienced an emotional problem which limited your ability to function? \_\_\_\_\_

Did you seek services to help you out with this problem? \_\_\_\_\_

If yes, what services? \_\_\_\_\_

Have you ever considered suicide? \_\_\_\_\_

Have you ever attempted suicide? \_\_\_\_\_

Has anyone in your family or anyone close to you attempted or died by suicide?

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Please describe your thoughts, beliefs, and philosophies related to mental health crisis and suicide:

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Please use the remaining space to tell us anything else you would like to share with us relevant to your application to participate in the Crisisline training, and to ask any questions or share any concerns you might have:

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Thank you for your time, energy and effort in completing this application. Please sign below and then mail the application to us at SPCS, 124 East Court Street, Ithaca, NY 14850. You may also e-mail this back to [SPCS@verizon.net](mailto:SPCS@verizon.net). (If you are e-mailing this in, we will get your signature at the interview.) When we receive your application, we will contact you to schedule an interview. We look forward to meeting you!

Name \_\_\_\_\_ Date \_\_\_\_\_