



## SCUBA DIVING APPLICATION INSTRUCTION SHEET

### All SML divers must:

- (1) **YOU** Complete **Appendix 3 - Diving Medical History**  
**Appendix 13 - Diver Application**  
**Appendix 15 - Release/Indemnification**

- (2) Have your **DOCTOR**  
Review **Appendix 1 - Medical Exam Overview**,  
Complete **Appendix 2 - Medical Evaluation of Fitness for Scuba Diving**  
(AAUS divers need to include a letter of reciprocity and current AAUS medical forms)

### **(3) SEND ALL ORIGINALS\* TO SML's DIVING SAFETY OFFICER 1 MONTH PRIOR TO YOUR COURSE, INTERNSHIP OR RESEARCH START DATE**

Becca Toppin phone: (508) 454-3571  
Shoals Marine Lab Diving Safety Officer  
21 Railroad Ave. e-mail: becca.toppin@unh.edu  
Gonic, NH 03839  
(\*make copies for your own records)

- (4) Be familiar with, and dive in accordance with, the SML Scientific Diving Standards: <http://host31.spidergraphics.com/sml/doc/scuba.manual.pdf>

**PLEASE NOTE:** Acceptance into the diving program is contingent upon a completed physical and physician approval. The Shoals Marine Laboratory reserves the right to require further medical review by a physician specializing or experienced in hyperbaric medicine. Acceptance into *Underwater Research* is contingent upon acceptance into the diving program. Note that the physical **REQUIRES** a chest x-ray, spirometry, urinalysis, and hematocrit (or hemoglobin) tests. Please speak to your physician or make arrangements to have these tests done **before** the appointment for your physical.

**(AAUS divers undergoing re-examination should refer to p. 32 in the SML Handbook for Diving Safety for details.)**

The following conditions are relative contraindications for diving: Asthma or lung disease; epilepsy, seizure syndromes; insulin dependent diabetes; dizziness or fainting; recreational drug use; pregnancy; or any serious medical condition. If you have any one of these conditions, you potentially may not be able to participate in the SML diving program.

Students participating in *Underwater Research* and *RIFS internships* will receive **First Aid/CPR/AED training** and **DAN Oxygen Provider training as part of the program** making them eligible for AAUS Scientific Diver status. Fees are included in program costs.